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|  | **Method of urine collection to search for genital mycoplasmas** |  |

**Dear user**, below you will find the instructions to follow for the correct collection, storage and delivery of the urine sample/s.

1. It is advisable to refrain from taking antibiotics in the days before the test.
2. Get a sterile container with a screw cap provided by the Sampling Centre or purchasable at a Pharmacy.

INSTRUCTIONS FOR COLLECTION

In the morning, before urination:

1. Perform genital hygiene, after washing your hands with water and soap, proceeding as follows:

* thoroughly clean the external genitals with water and soap, taking care:
* in males, to fully retract the skin of the glans;
* in females, to hold the labia majora apart with one hand, and with the other to clean from front to back;
* to rinse with running water.

1. Collect the first urine stream (about 10mL) in the sterile container.
2. Close the cap correctly, ensuring it is properly sealed, to avoid contaminations and leakage of material.
3. Deliver to the Sampling Centre within 2 hours of collection at the latest, otherwise store in the refrigerator at +4°C for up to 4 hours.

Clinical significance of the test

The test allows, through culture methods on a urine sample, the search for and identification of *Ureaplasma urealyticum* and *Mycoplasma hominis* that might cause infections of the genitourinary tract.